



# Terms & Conditions

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## BOOKING PROCEDURE

On making a booking with [Joyoga Holidays](#) each person traveling accepts the terms of the following booking conditions. For the smooth running of the holiday it is recommended you travel on the schedule below. However, this is not essential and you are free to arrive and depart as is convenient.

## PRICES

### Early Bird

The Early Bird carries a £100.00 discount and can be paid in full or in 2 payments. If you are using a voucher, your £100.00 discount will be split over the 2 payments. You will need to make your final payment by April 1<sup>st</sup> 2018. If you don't make your final payment by this date, you may lose your deposit and be subject to costs.

### Family rooms

Typically family rooms are available. Please [email](#) Joyoga Studio with your requirements.

## CANCELLATION PROCEDURE

The deposit and bookings are non-refundable. However, if you take out travel insurance with your booking then you will be able to claim it back on your insurance package.

By paying your deposit you are agreeing to Joyoga's Terms and Conditions.

## What the Holiday includes

### Accommodation

- All bookings must be made through [JoYoga.fit](#) and not direct to the hotel
- All rooms are en-suite with gorgeous sea views
- There is a premium on single accommodation (*no need to travel alone, we can organise your sharing*)
- Family rooms are also available by arrangement call 07788442566 or [info@joyoga.fit](mailto:info@joyoga.fit)
- If you travel by the suggested flights (*below*) then the [hotel](#) will arrange to collect you on arrival in [Agistri](#) for no extra charge.



### Typically the Holiday includes the following:-

- 9 night's accommodation
- 8 Buffet breakfasts
- 8 Daily yoga classes (*3 hours depending on energy levels and weather*)
- Evening meal first and last night (*3 courses with wine*)
- Private beach
- Bicycle hire (*no fee*)
- Transfers from Agristri to Rosy's
- Taxi from Athens airport to Pireaus
- Free Wi fi
- Trip to the Blue Lagoon

### What's not included

- Flights
- Ferry to Agistri
- UK transfers
- Travel insurance (*don't leave home without it*)
- Excursions (*other than Blue Lagoon*)
- Apart from the first and last evening you will be responsible for your own evening meals, this is to give you a chance to explore all the wonderful eating experiences and barbeques the island has to offer

### Code of Conduct

We hope you will come and have a wonderful time. There are no rules about alcohol but Joyoga does not tolerate drunken, abusive or racist behaviour. We endeavour to be a kind and supportive group.

## Your flight itinerary details

<b>BA0638</b>		<b>Outbound</b>
British Airways   Euro Traveller		
5 May 2018	5 May 2018	
<b>06:55</b>	<b>12:40</b>	
<b>Heathrow (London)</b>	<b>Athens</b>	

<b>BA0633</b>		<b>Inbound</b>
British Airways   Euro Traveller		
16 May 2018	16 May 2018	
<b>19:55</b>	<b>21:45</b>	
<b>Athens</b>	<b>Heathrow (London)</b>	

It is recommended you take the above flights so we can travel together and have an opening circle and meal upon arrival. You are also free to make your own arrangements and meet us there, but it is preferable we start the holiday together. Joy will notify you of our seats so we can sit together if you wish.

## Weather Forecast for May 2018





## Massage

Massage will be available throughout the week. This is not included in the cost but it will be discounted. You will be able to pay on your card if you have limited funds available. Joy will supply towels and oil.

## LIABILITY

### Transport

We strongly recommend you book your flights as soon as possible. Prices will more than double over the coming months and also they get booked up. We recommend flying to [Athens](#) on [British Airways](#) departing 5th May am and returning on the 13th May at 19.25. This year Joy is extending her stay and if you wish to too, then you will need to book your extra days with Rosy direct. These dates were specially selected to make the most of low season prices and travel British Airways at the lowest cost. We decided to move the holiday to the beginning of May as the weather is more appropriate for yoga.

[Joyoga](#) strongly advises you take out insurance to cover you for cancellation & sickness. IN OTHER WORDS - **DON'T LEAVE HOME WITHOUT IT!** Also as we are still in the EU I also suggest you also apply for a Euro health card which will entitle you to the same health care as the UK.

## Schedule

[Joyoga](#) reserves the right to alter any facility connected to yoga activity as well as the daily schedule if we feel it is appropriate and beneficial to the clients and the smooth running of the holiday to do so.

## Health and safety

- You must ensure that you are medically and physically fit, and if in any doubt, seek medical advice from your GP
- [Joyoga](#) will not be liable for any injuries you may incur during your stay at the retreat.
- You will be advised to always stop and rest if you are feeling any pain or sickness
- You must inform Joy of any previous or new injuries or pregnancy

## Karma Yoga Opportunities

If anyone has any special skills, eg video, photography, article writing etc and you feel you could make a valid contribution to the holiday, then please [contact Joy](#) or telephone 07788442566 with your proposals and we can discuss options.

There will be a pre-holiday social prior to departure where you will have the opportunity to meet everyone and ask any questions about your trip.



**We want to make this the best holiday ever and we can't wait to meet you all.**

In the meantime, please do not hesitate to call if you have any further questions

Namaste

Joy

**077 88 44 25 66**

**01672 56 48 49**

**[info@joyoga.fit](mailto:info@joyoga.fit)**